

# Why Animals Hibernate



Many places have cold winters. Some animals in these places have trouble finding food in the winter.



Some animals move to warmer places to find food.



Lack of food is what makes some warm-blooded animals hibernate. They hibernate to survive the wintertime.

Cold-blooded animals, such as snakes, frogs, and turtles, have bodies that are the same temperature as their surroundings. So they hibernate to keep from freezing to death.



Some species will hibernate in burrows. Some crawl under fallen trees or piles of leaves. Others bury themselves in mud at the bottom of a pond or stream.