

Name: _____

Dairy (Milk)

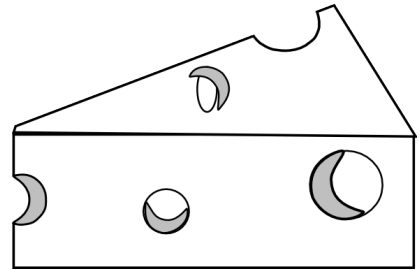
Dairy foods have calcium

Calcium helps your bones and teeth grow healthy and strong



Milk

Cheese



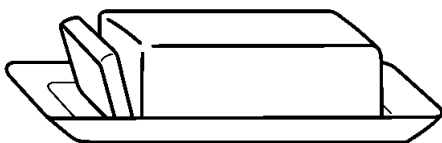
Yogurt



Ice Cream



Cottage
Cheese



Butter

Whipped
Cream

